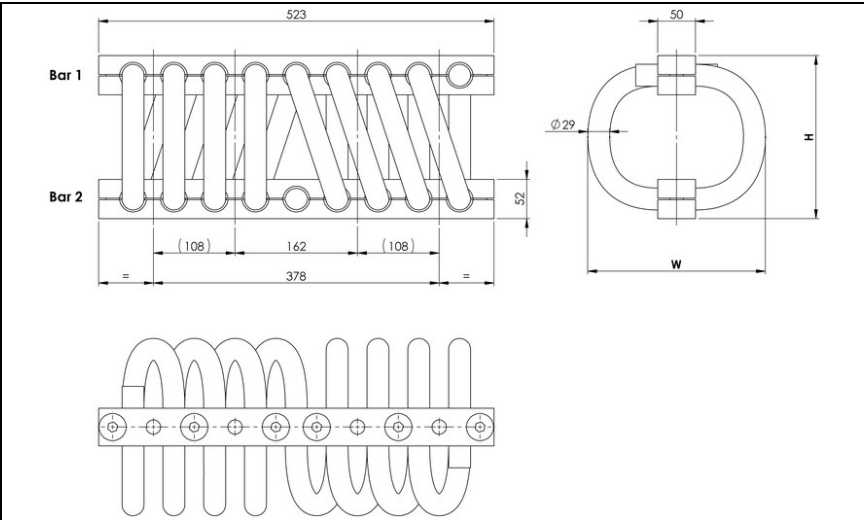


# WIRE ROPE ISOLATORS: 'HELICAL'

DEFINITION  
**series FH76**



- All metal multidirectional anti-vibration/shock mounts
  - Exceptional reliability and long life
  - High damping
  - No aging
  - Corrosion resistant
  - Unequalled temperature range : -180°C to +300°C / -290F to 570 F
  - Great adaptability/versatility
- Specials on request**  
(material size and number of loops, etc.)

Dimensions are in millimeters. For reference only

| SERIES                                                        |
|---------------------------------------------------------------|
| Materials and finishes<br>(meets RoHS requirements)           |
| <b>FH76</b>                                                   |
| <b>Cable:</b><br>stainless steel<br>galvanized available: CBG |
| <b>Retainer bars:</b><br>aluminium alloy/<br>SurTec           |
| <b>Screws:</b><br>alloy steel/ zinc plate                     |
| <b>Inserts:</b><br>stainless steel                            |
| All stainless steel: CBSS                                     |
| Other materials on request                                    |

| MODEL | height<br>H (mm) | width<br>W (mm) | weight<br>(kg) |
|-------|------------------|-----------------|----------------|
| -16   | 180              | 216             | 20             |
| -20   | 216              | 242             | 22.7           |
| -24   | 235              | 262             | 24.4           |

| INTERFACES                                    |                          |                                                 |               |
|-----------------------------------------------|--------------------------|-------------------------------------------------|---------------|
| fixtures holes D                              | Bar 1                    |                                                 |               |
|                                               | 4 through holes<br>ø20mm | 4 through holes<br>ø20mm<br>counter-sunk<br>90° | 4 inserts M18 |
| Bar 2                                         |                          |                                                 |               |
| 4 through holes<br>ø20mm                      | TM2                      | not standard                                    | not standard  |
| 4 through holes<br>ø20mm counter-<br>sunk 90° | TCM                      | CM2                                             | not standard  |
| 4 inserts M18                                 | TIM                      | CIM                                             | IM2           |

|   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|
| F | H | 7 | 6 | - | 1 | 6 | 0 | 8 | C | I | M |
|---|---|---|---|---|---|---|---|---|---|---|---|

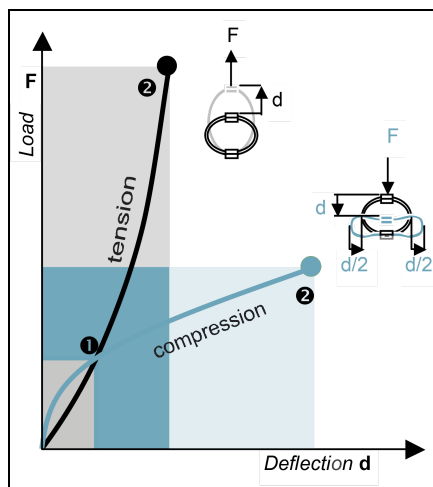
**SERIE:** FH76  
'Helical' mount from the  
FH76 series

**MODEL:** -16  
height: 180mm  
width: 216mm  
weight: 20kg

**LOOPS:** 08  
Serie  
standard is  
08 loops

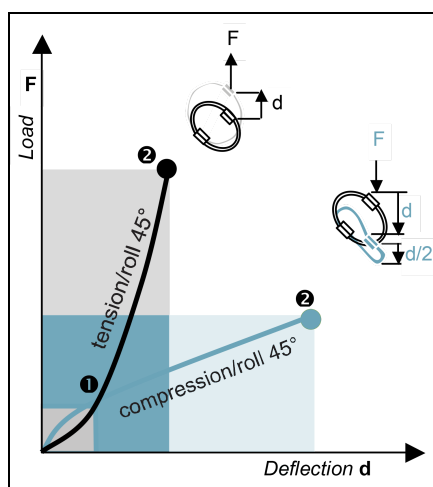
**INTERFACE:** CIM  
4 through holes ø20mm  
counter-sunk 90° in bar 1,  
4 inserts M18 in bar 2





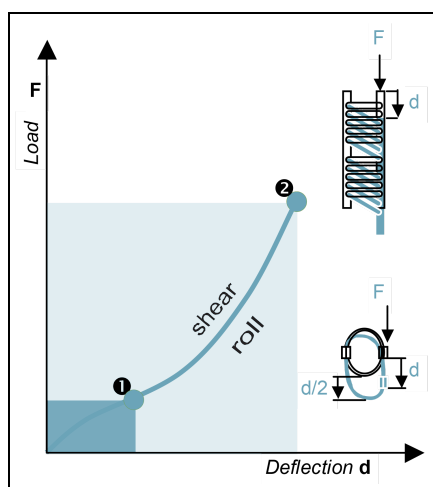
## COMPRESSION AND TENSION

| FH76 Series     | Model | -16   | -20   | -24   |
|-----------------|-------|-------|-------|-------|
| 1.Max Static    | F daN | 2094  | 1718  | 1468  |
|                 | d mm  | 12.6  | 18.6  | 21.8  |
| 2.Max Shock     | F daN | 6282  | 5156  | 4405  |
|                 | d mm  | 68    | 100   | 117   |
| 3.Max Vibration | 2a mm | 7.5   | 11.1  | 13    |
|                 | f Hz  | 5.5   | 4.6   | 4.3   |
| 1.Max Static    | F daN | 2094  | 1718  | 1468  |
|                 | d mm  | 11    | 13.7  | 15.7  |
| 2.Max Shock     | F daN | 24108 | 16814 | 14147 |
|                 | d mm  | 54    | 58    | 65    |
| 3.Max Vibration | 2a mm | 5.9   | 6.4   | 7.2   |
|                 | f Hz  | 6.8   | 6.3   | 5.9   |



## COMPRESSION/ROLL 45° - TENSION/ROLL 45°

| FH76 Series     | Model | -16   | -20  | -24  |
|-----------------|-------|-------|------|------|
| 1.Max Static    | F daN | 1570  | 1289 | 1101 |
|                 | d mm  | 17.5  | 23.5 | 27.9 |
| 2.Max Shock     | F daN | 4210  | 3355 | 2858 |
|                 | d mm  | 102   | 151  | 176  |
| 3.Max Vibration | 2a mm | 11.3  | 16.6 | 19.4 |
|                 | f Hz  | 4.1   | 3.5  | 3.2  |
| 1.Max Static    | F daN | 1570  | 1289 | 1101 |
|                 | d mm  | 14.3  | 17.3 | 19.3 |
| 2.Max Shock     | F daN | 12083 | 8346 | 7015 |
|                 | d mm  | 61    | 66   | 75   |
| 3.Max Vibration | 2a mm | 6.8   | 7.3  | 8.3  |
|                 | f Hz  | 5.5   | 5.1  | 4.8  |



## SHEAR OR ROLL

| FH76 Series     | Model | -16  | -20  | -24  |
|-----------------|-------|------|------|------|
| 1.Max Static    | F daN | 1047 | 859  | 734  |
|                 | d mm  | 14.9 | 23.3 | 29.4 |
| 2.Max Shock     | F daN | 6740 | 4444 | 3663 |
|                 | d mm  | 72   | 91   | 105  |
| 3.Max Vibration | 2a mm | 8    | 10.1 | 11.7 |
|                 | f Hz  | 1.9  | 1.8  | 1.7  |

1. Max static load (F) with corresponding deflection (d)  
 2. Max shock load (F) with corresponding deflection (d)  
 3. Uncoupled resonant frequency (f) under max static loading 1. and max peak to peak sinusoidal vibration input (2a)

**\*IMPORTANT:** Performance characteristics are given here for reference only. They can be increased under specific conditions. Contact us

## TYPICAL SHOCK/VIBRATION SPECIFICATIONS:

|               |                                                                                     |
|---------------|-------------------------------------------------------------------------------------|
| Air           | AIR 7306, MIL-E-5400, MIL-C-172, MIL-STD-810                                        |
| Ground Forces | GAM EG13A, SEFT 001, MIL-STD-810, VG 9533                                           |
| Marine        | GAM EG13C, IT25-21/96-31/15-86, MIL-S-167, MIL-S-901, STANAG 042, BV 043.73, BV 044 |
| Others        | GAM EMB1, GAM EMBT4, DEF STAN 07-55, IEC 571, FINABEL 2C                            |